It is not comfortable to talk about, frankly. This is one of the more uncomfortable speeches I will ever give in the well of this House. We must talk about it. Because when does this become the expectation?

This is an orientation slide for freshmen Members of Congress that was produced by one of the two major parties of this Congress a few years back, suggesting that, as a Member of Congress, your first responsibility is 4 hours a day not in your office, but across the street in a call suite asking people for money, another 1 to 2 hours a day networking and raising money, and only 2 hours a day doing your job.

Members of Congress might have a quiet anger, but the American people will have a very loud anger when they understand that we are not accomplishing things here because we are spending too much time raising money. Let's turn that anger into resolve and change this body and change Washington forever.

Former Members of Congress are happy to talk about this, retiring Members who write confessions saying they spent 4,200 hours raising money, former majority leaders of the other body now writing a book lamenting how much time they spent raising money, a colleague of ours leaving this House calling fundraising the main business of Congress.

But what do they all have in common? They are all retiring or retired. Why don't we do something about it, as sitting Members of Congress? Why don't we fix this now when we have the opportunity instead of lamenting it when we are gone?

This is why I have introduced what I call the Stop Act. It is very simple. It is 3 or 4 pages. Every Member of this body can read it before they vote on it. It simply prohibits direct solicitation of a campaign contribution by a sitting Member of Congress.

State legislators in the State of Florida and across the country are often prohibited from directly soliciting. There are 30 States where judges are elected, and they are prohibited from directly soliciting contributions.

I want to say thank you to my colleagues who have cosponsored this. In just over 3 weeks, we have six cosponsors: Mr. NOLAN of Minnesota, Mr. JONES of North Carolina, Messrs. DUFFY and RIBBLE of Wisconsin, and Messrs. MICA and NUGENT from my State of Florida.

The message is very simple on this. It says to Congress to get back to work. Let's do our job, the job we were elected to do. We will never solve border security and immigration reform. We will never balance the budget. We will never address national security and foreign policy. We will never address tax reform if we have a part-time Congress in a full-time world.

In any other profession, if you spend 20 to 30 hours a week doing a job other than you are hired to do, you would be fired. But, in Washington, we accept this as the political culture.

Many will say the issue is dark money, the issue is transparency. Fine. We can have a campaign finance debate. But that is not what this is about. This is about congressional reform.

I will close with this, Mr. Speaker. Each one of us made a promise to roughly 700,000 people in the community from which we come and represent. We made a promise to do our job, not to ask them for money. We took an oath.

We each took an oath, swearing to uphold and defend the Constitution of the United States. The last line of our oath says: "I will well and faithfully discharge the duties of this office on which I am about to enter."

Friends, we are not well and faithfully discharging the duties of this body when we are spending 20 hours a week asking people for money and not doing our job.

We are not well and faithfully discharging the duties of this office when fundraising is the main business, when we have Members missing votes to raise money, when the most important question sometimes among colleagues is not what legislation you are working on, but how much money you have raised. We are not well and faithfully executing the duties of this House when we are not doing our job.

I stand here not to judge my colleagues. I stand here to try to change the system. Let's restore credibility to this House. Let's honor the greatness of this body with greatness of integrity, greatness of commitment, greatness of resolve

Let's recognize the great calling of this body and the even greater calling of this Nation. Let's stand together today and change Washington forever.

Friends, colleagues, I urge you, while you are here and before retiring and lamenting the amount of time you spent raising money, cosponsor the Stop Act. Join me in this effort to change Washington.

MESSAGE FROM THE PRESIDENT

A message in writing from the President of the United States was communicated to the House by Mr. Brian Pate, one of his secretaries.

HARPERS FERRY, WEST VIRGINIA

The SPEAKER pro tempore. The Chair recognizes the gentleman from West Virginia (Mr. MOONEY) for 5 minutes.

Mr. MOONEY of West Virginia. Mr. Speaker, there are few places in our country that have both strong historical significance and scenic beauty. Harpers Ferry is perhaps the greatest example of both.

Harpers Ferry, West Virginia, was founded in 1734 by Robert Harper, who purchased the land for 50 guineas, or around \$262. Over the next 282 years, this quaint town was the backdrop for some of the most important events in American history.

From the earliest settlement of this great Nation through the founding of the railroads, the beginning of Meriwether Lewis' adventure with William Clark out West, John Brown's raid, numerous Civil War battles and skirmishes, and the beginning of the civil rights movement, Harpers Ferry has stood the test of time and watched our American history unfold.

As for the scenic beauty, none have described it better than one of our Nation's great founders, President Thomas Jefferson. After visiting Harpers Ferry on October 25, 1783, the author of the Declaration of Independence said he viewed "the passage of the Potomac River through the Blue Ridge as perhaps one of the most stupendous scenes in nature."

Let me tell you, this picture does not do the town justice.

Harpers Ferry is a national treasure that has been enjoyed by millions of families for centuries. This past July, however, this quaint town of only 283 residents was struck by a large fire that swept through the downtown business district and destroyed 10 businesses, which is 30 percent of the commercial district, and 2 apartments.

Even before the embers from the fire cooled, members of the community had begun to take action and began making plans to rebuild.

The town council, the Merchants Association, and the community at large stepped up to take care of the people who were displaced by the fire. Jobs and housing were found for everyone who needed them, and space was offered for businesses that were able to immediately reopen.

The Harpers Ferry Historical Town Foundation established a fund to collect and distribute money to help displaced residents, businessowners, and employees meet their most immediate needs.

Over the past several months, in addition to the support the fund received from people who live in the eastern panhandle of West Virginia, thousands of visitors from across the country and some from abroad have contributed to this fund.

The president of West Virginia University, Dr. G. Gordon Gee, brought a team to Harpers Ferry to help the town and the town council establish a plan. This plan enabled property owners to rebuild and restore their buildings, to develop a marketing plan, and to provide engineering and archeological services to prevent the demolition of their historical treasures.

The superintendent of the Harpers Ferry National Historical Park, Rebecca Harriott, stepped forward with meeting spaces, security services, and additional personnel to protect town residents and visitors from the fragile, burned-out spaces.

The Jefferson County Commission provided in-kind and financial support to reimburse the town for the unanticipated expenses of fighting the fire and providing for safety in the middle of Harpers Ferry's busiest part of the tourist season. Local, State, and Federal officials were a constant and reassuring presence for the town.

The town council and the Historic Landmarks and Planning Commissions have worked together to streamline processes and enable property owners to quickly move ahead with the restoration of the burned buildings.

This past Monday I personally visited Harpers Ferry in Jefferson County, where I live with my wife and three children, to see the progress that is being made to repair the structures.

The mayor, Greg Vaughn, was kind enough to show me around the damaged buildings and introduce me to those who were impacted by the fire. I can't tell you how encouraging it was to see how the town has come together to rebuild after the fire.

Harpers Ferry is no stranger to disaster: war, fire, floods. This is a town that endures. Today, Mr. Speaker, Harpers Ferry is still open for business, still thriving, still an elegant and evocative journey into the formative years of our Nation. I invite you to come visit.

HEROIN EPIDEMIC

The SPEAKER pro tempore. The Chair recognizes the gentleman from Illinois (Mr. DOLD) for 5 minutes.

Mr. DOLD. Mr. Speaker, I rise today to discuss a problem that is near and dear to my heart.

Cheaper than cigarettes and more accessible than alcohol, heroin has become a plague on communities all across our country. Heroin takes a life every 3 days in the Chicago suburbs. Unfortunately, a similarly deadly trend is taking place all over our Nation.

Although heroin is not often considered a serious suburban problem, statistics show the epidemic is quickly growing. Nearly one-quarter of the people who try heroin become addicted. and heroin deaths have literally quadrupled in the United States in less than a decade.

But the statistics don't even begin to tell the whole story. As the co-chair of the Suburban Anti-Heroin Task Force in the State of Illinois, I have seen firsthand the deadly impact of these drugs.

But I still can't even begin to fathom the pain of losing one of my children to a drug overdose. I can't imagine what families throughout the country have been put through because of this terrible drug.

There is hope. Thanks to the great work of the Lake County Opioid Initiative, Live4Lali, and many other organizations in the 10th Congressional District, we have already had tremendous success saving lives with an overdose reversal aid called naloxone.

 \Box 1045

When used properly, naloxone helps restore breathing that has been ant to clause 12(a) of rule I, the Chair

stopped by an overdose. First responders in Lake County, Illinois, have now saved over 56 lives in just a little over 1 year. That is 56 families who won't have to experience the same type of unbearable pain as those who have lost a loved one.

With increased access, the World Health Organization predicts that naloxone could save an additional Health 20,000 lives each and every year. That is why I introduced a new bipartisan piece of legislation this week with Congresswoman Katherine Clark.

Our bill, Lali's Law, will help States increase access to naloxone. The bill is named in memory of Stevenson High School graduate Alex Laliberte, who, sadly, passed away from a drug over-

Alex, like many high school students, played sports at Stevenson High School, He did well at school, He cared about his friends. He cared about his family. But during his sophomore year of college, he began being hospitalized for what was a mysterious illness.

Unknown to his family and to the doctors, Alex had an addiction to prescription drugs and was being hospitalized for his withdrawal. He would stay in the hospital until he received his fix. leave the hospital, and repeat the cycle again and again. He continued this pattern until he died of an overdose a few days after his final exams.

The primary purpose, Mr. Speaker, of this bill, is to help fund State programs that allow pharmacists to distribute naloxone without a prescription so that we can prevent the repeat of Alex's story.

Many States use these programs to allow local law enforcement officers to carry and use naloxone, just like the success we have already seen in Lake County.

The police officers in Lake County asked to be able to carry it because they would come to a scene often faster than the paramedics. They could respond within 5 minutes and refused to sit idly by and watch these people die of an overdose.

Lali's Law is an example of what is possible when we set aside partisanship and get to work for the people that we represent. Lali's Law will bring Alex's story to the United States Congress. here, and amplify the lifesaving benefits of Live4Lali's hard work and the work that they did to pass a similar piece of legislation in the Illinois State Legislature.

It is my hope that, through this bipartisan bill, Alex's lasting legacy will include helping countless people get a second chance at recovery and saving their families from unbearable heartbreak.

I urge my colleagues to support this bipartisan initiative and join us in the fight against heroin and prescription drug abuse. Together we can truly save lives.

RECESS

The SPEAKER pro tempore. Pursu-

declares the House in recess until noon today.

Accordingly (at 10 o'clock and 47 minutes a.m.), the House stood in recess.

□ 1200

AFTER RECESS

The recess having expired, the House was called to order by the Speaker at

PRAYER

Bishop Perry Thompson, Freedom Chapel International Christian Center, Washington, D.C., offered the following prayer:

Emmanuel, the God of creation, presence, and power, we honor You, the true and only wise God, as Christ and Lord and decree and declare Your principles and patterns to be the common thread through these walls and this august assembly of Representatives.

We declare this day that the Lord has made a day of excellence and cooperation and decree it to be like no other day. We remorse of all sin and shortcomings and acquiesce to the unction of the Shekinah glory of the Most

With expediency, deliver us from our enemies, for we flee unto Thee to hide us. Teach us to do Thy will, for Thou art our God. Thy spirit is good. Lead us into the land of uprightness.

We declare these blessings in the name of the Lord and Savior. Amen in Jesus' name.

THE JOURNAL

The SPEAKER. The Chair has examined the Journal of the last day's proceedings and announces to the House his approval thereof.

Pursuant to clause 1, rule I, the Journal stands approved.

PLEDGE OF ALLEGIANCE

The SPEAKER. Will the gentlewoman from California (Ms. HAHN) come forward and lead the House in the Pledge of Allegiance.

Ms. HAHN led the Pledge of Allegiance as follows:

I pledge allegiance to the Flag of the United States of America, and to the Republic for which it stands, one nation under God. indivisible, with liberty and justice for all.

WELCOMING BISHOP PERRY THOMPSON

The SPEAKER. Without objection, the gentleman from Illinois (Mr. RUSH) is recognized for 1 minute.

There was no objection.

Mr. RUSH. Mr. Speaker, I rise today to thank Bishop Perry N. Thompson of Richmond, Virginia, for offering the opening prayer.

A graduate of DeVry Institute of Technology and Norfolk State University, Bishop Thompson is the senior